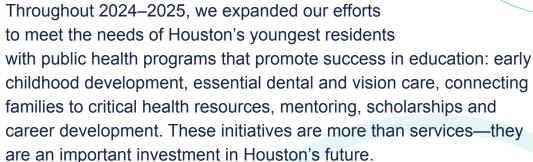


A Letter From Our President and CEO

Every child in Houston deserves a healthy start.

At the Houston Health Foundation, our work is rooted in the understanding that investing in children's health today builds a stronger, more vibrant community for tomorrow.



This Impact Report shares the stories, data, and outcomes that reflect a year dedicated to nurturing the health and potential of Houston's children. Whether it's through an exam that catches an issue early, a community garden that introduces a child to fresh produce, or parenting tools that strengthen a household, each effort is a step toward a healthier future.

Because when we care for our children, we care for the future of Houston.

Kob W. Mansur

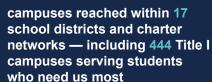
Robin Mansur

President and CEO. Houston Health Foundation









eye exams



9,226

pairs of prescription glasses given to students in need







Client Story

An 8-year-old Black female student from Houston ISD came to See to Succeed after experiencing declining vision over time. This visit marked her first comprehensive eye exam-a crucial milestone in understanding the root of her vision challenges.

During the exam, trained Optometrist identified several concerning issues, including:

- Strabismus (a condition where the eyes do not align properly, often leading to double vision or difficulty focusing)
- Reduced color vision
- Restricted visual fields in all quadrants
- Severely impaired vision with uncorrected visual acuity of 20/350 in the right eye and 20/250 in the left.

Even with correction, her best possible vision was limited to 20/100 and 20/50. Additionally, yellow spots were observed throughout both retinas—an abnormal finding.

These symptoms raised suspicion for Stargardt disease, a rare inherited condition that causes progressive vision loss in children and young adults due to retinal degeneration. Thanks to the thorough, no-cost eye exam provided by See to Succeed, she was promptly referred to a specialist for advanced care and diagnosis. Without this early detection and referral, her condition may have continued to progress without intervention, limiting her educational opportunities and quality of life.





3,724

at-risk second graders underwent oral health screenings



children received oral health education to maintain healthy dentition

3,025

second graders had fluoride varnish application to protect their teeth from cavities



8,682

permanent teeth sealed with 2,529 students receiving dental sealants on new molars

Of the 3,724 children screened, about 45% had dental problems.

Client Story | Westly Robinson, MBK RISE Participant

"Growing up and attending Yates High School, a predominantly black institution, has provided me with a unique perspective on life. In an environment marred by challenges such as drugs, guns, fights, and individuals standing on street corners, I realized the profound impact that access to education and positive role models can have on one's trajectory. Receiving this scholarship serves as a beacon of hope and opportunity for young men of color like me who have faced adversity but are determined to rise above it.

Despite the challenges I witnessed in my community, I have remained focused on my education, striving to overcome obstacles and break free from the limitations that often accompany such environments. Blinn Junior College has been instrumental in my academic journey, providing a stepping-stone toward achieving my dream of becoming a cardiologist. The financial burden of education weighed heavily on my shoulders, and this scholarship has helped to alleviate some of that burden but also signifies a belief in my potential to make a positive impact in the medical field. In terms of life accomplishment, success, to me, would be defined by becoming a cardiologist and using my skills to contribute to the well-being of others. Success is not just a personal accolade but an opportunity to uplift and inspire those who, like me, have faced adversity.

Through my journey, I aim to demonstrate that circumstances do not define one's potential, and with the right support, individuals from any background can achieve greatness. Since receiving this scholarship, it not only provided financial aid but a validation of my resilience, dedication, and commitment to making a meaningful difference. I am grateful for the opportunity to further my education, ultimately realizing my dream of becoming a cardiologist."



program partners



new scholarship recipients and 104 active scholarships

\$200K

awarded in scholarships

4 Houston Health Foundation 2024-2025 Impact Report



33 4,105

community members reached

Basics Brainy Clinic Champions engaged

Fun Shops held

1,500+

families received Basics Keep it Kits during distributions

Keep it Kits distributed to 150 families (377 patients)

Welcome Baby Bags distributed

81%

of families said Keep it Kits and meals helped reduce food insecurity stress

92%

of families said Keep it Kits helped children practice brain-building skills

80%

of families said Keep it Kits gave new ideas for brain development activities at home



COMMUNITY GARDENS



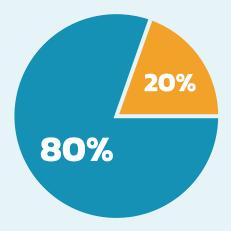
160+ lbs

of produce generated

different plant species harvested

vegetable beds





- **Total Program Services** 1,666,572 (80%)
- **Total Supporting Services** 419,801 (20%)

Financials

The Houston Health Foundation's financial statements are audited annually by Tipton & Company. In the most recent audit, the Foundation received a clean (unmodified) opinion, indicating that the financial statements present fairly, in all material respects, the financial position and activities of the organization.

Sustainability Statement

The Houston Health Foundation's financial sustainability plan is grounded in strategic diversification of revenue, prudent fiscal management, and long-term planning. Core funding streams include grant funding, individual and corporate contributions, and special events. With a focus on transparency and impact, HHF remains committed to responsible budgeting, regular financial monitoring, and aligning resources with programs that deliver measurable health outcomes for the Houston community.

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